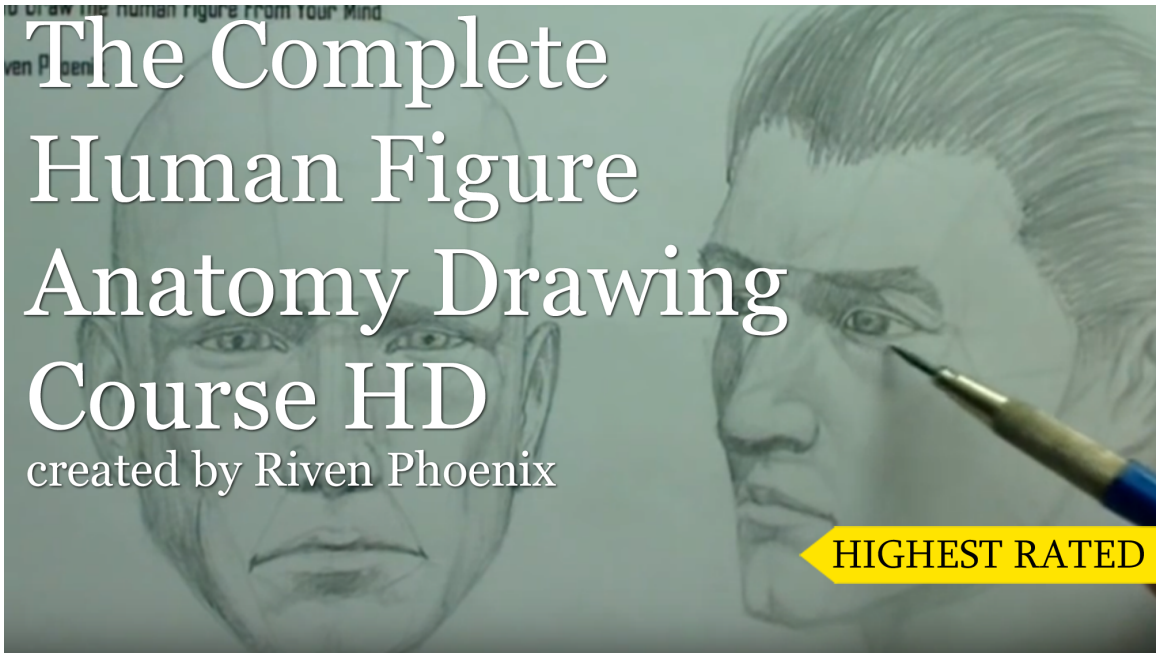

The Structure of Man

Learn to Draw the Human Figure From Your Mind with Riven Phoenix

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Figure Drawing Lesson 121 - The Muscles of The Torso - Part 2

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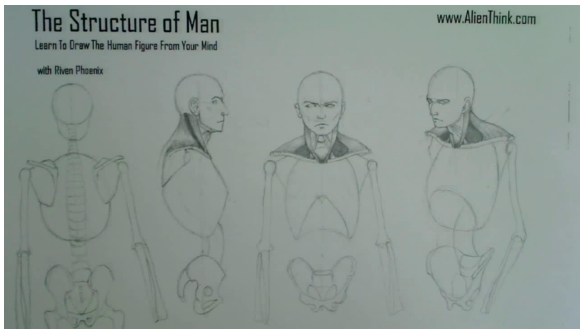
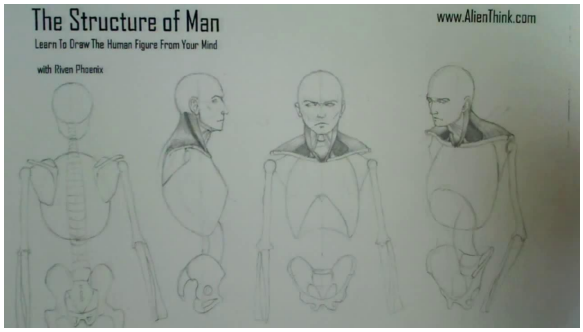
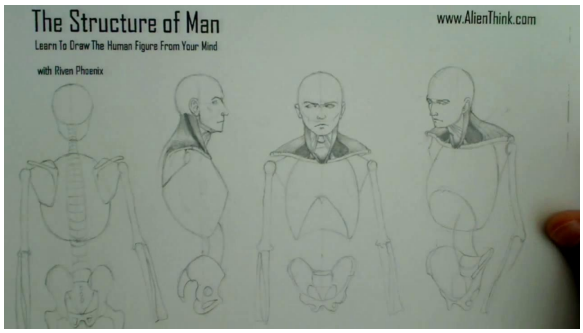
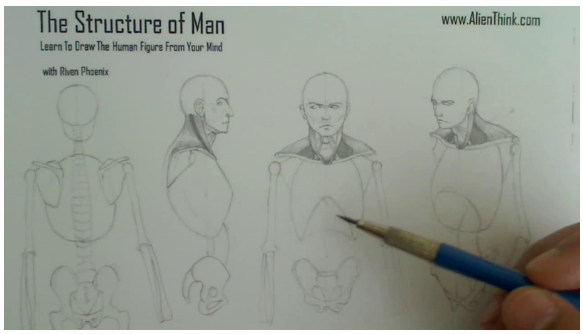
1		Hey guys, my name is Riven Phoenix, and welcome to the structure of man,
2		learn to draw the human figure from your mind training course.
3		Okay, so now that we've completed the drawings that we need to understand the front of the torso,
4		we're not going to go through a process of really fine tuning,

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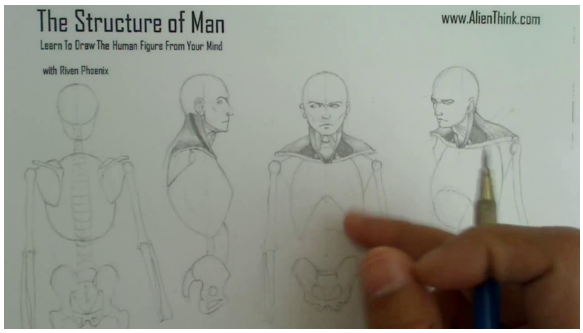
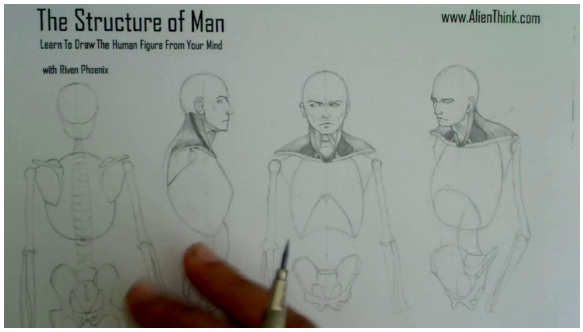
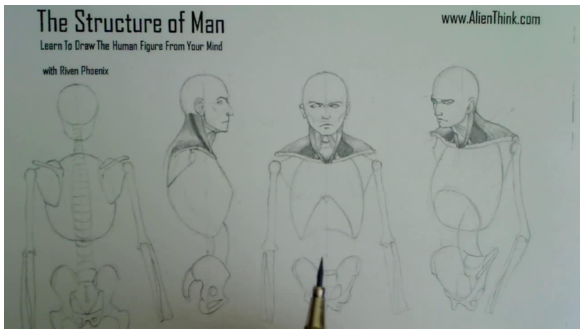
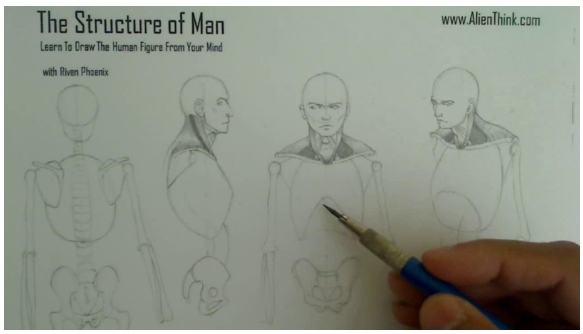
5		our understanding that so we can always use a very simple system to understand
6		what happens to the chest cavity.
7		Okay, so one of the key things here is that
8		see how we draw where we put the line here that we know that this is going to be

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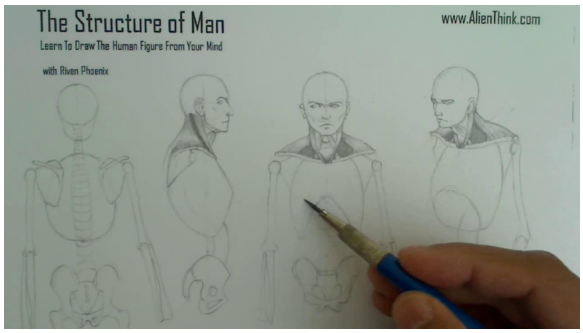
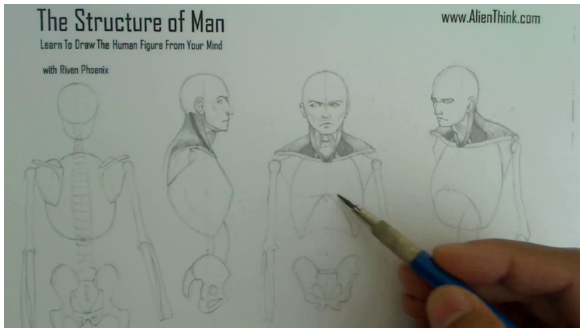
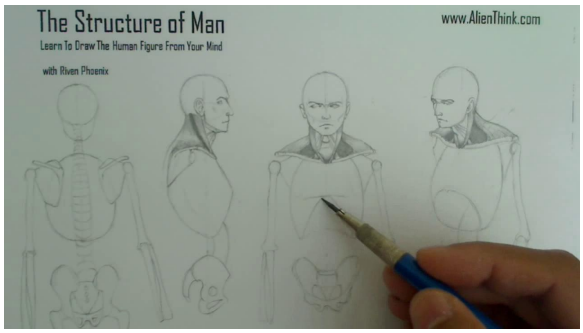
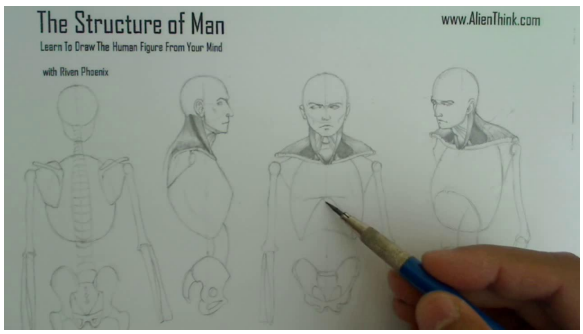
9		basically where the peck muscles are, right?
10		So what we're going to do now, from now on when we are drawing out the chest cavity,
11		we always draw it out like this the way we are, right?
12		But from here we're going to actually cut it off over here, right?

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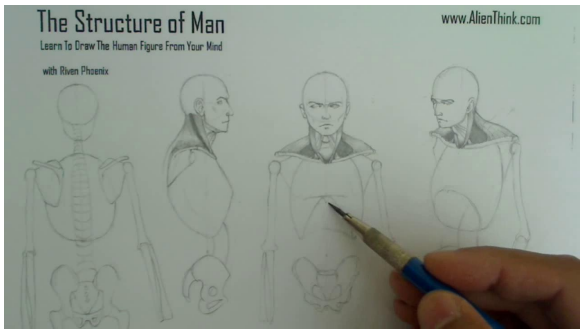
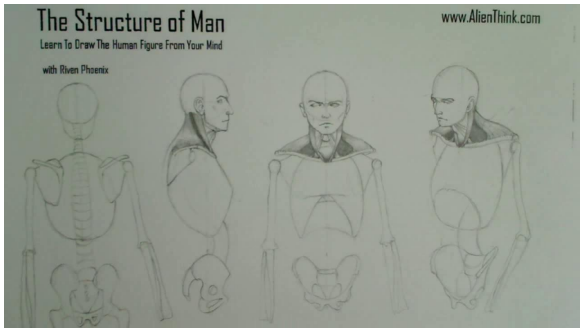
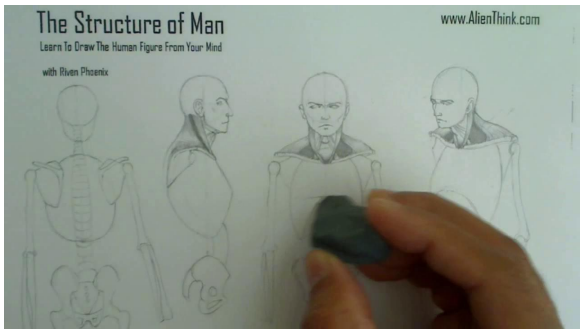
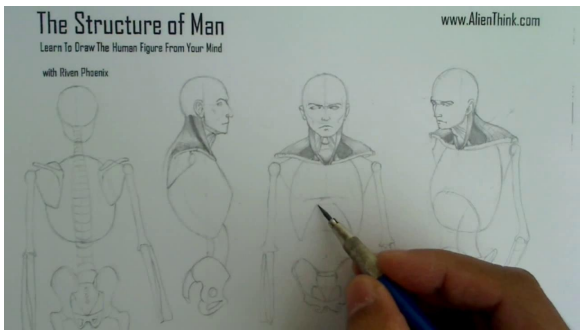
13		We're going to cut it, we're going to give it a little bit more space here in the bottom, right?
14		And the reasoning for this is because when the chest muscles come down,
15		they actually have a little bit of space here in the bottom, right?
16		So just understand that that's all we're doing to help the comprehend this idea, right?

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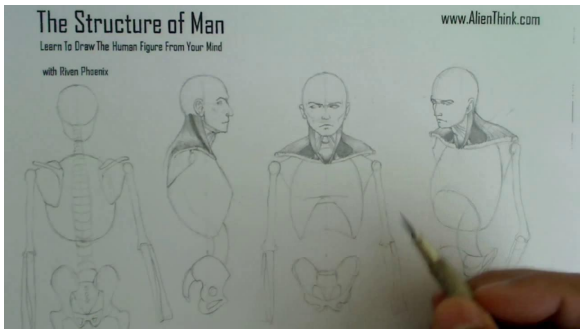
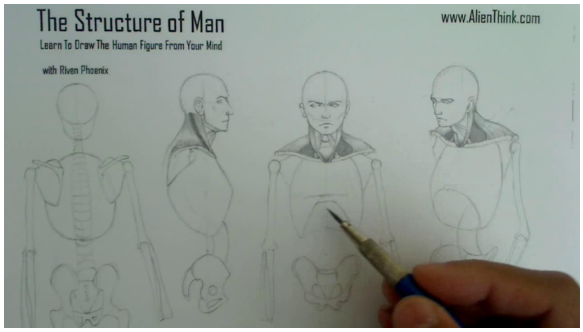
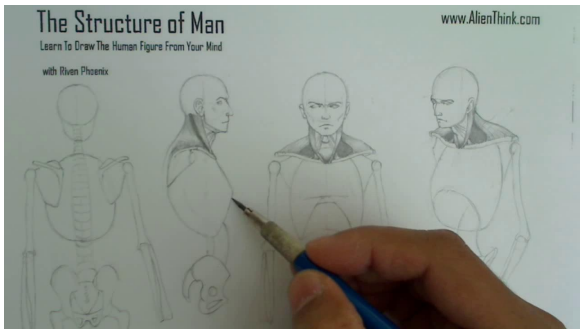
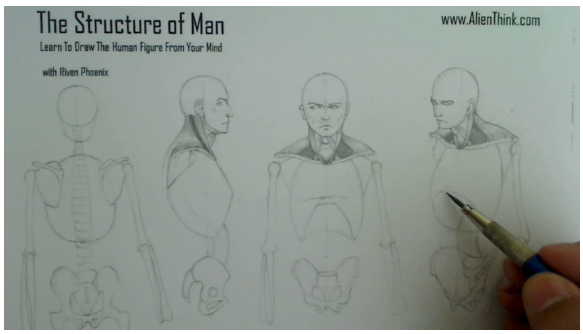
17		So from now on when you draw the toolkit, you'll always do it this way.
18		Okay, so it doesn't really change anything, it just means that okay,
19		we know that it's going to be a little bit down over here, okay?
20		So over here where we have the line for the chest cavity,

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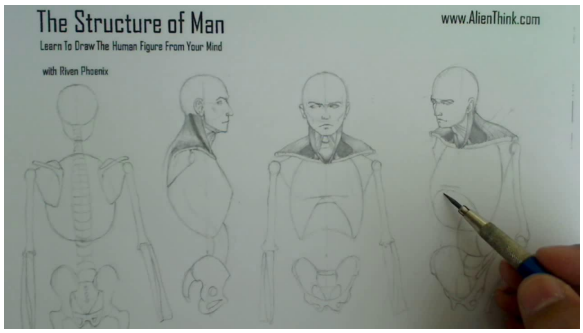
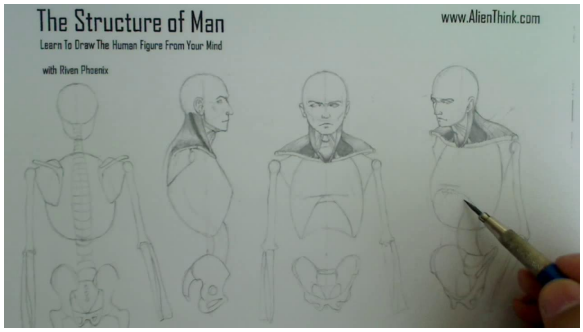
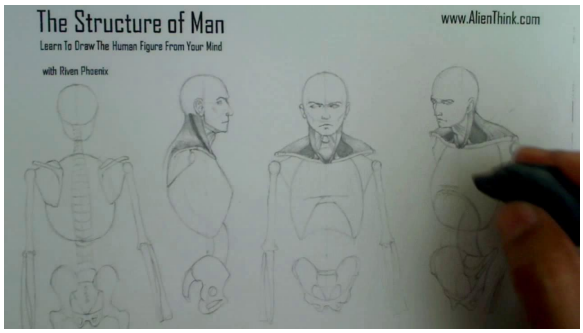
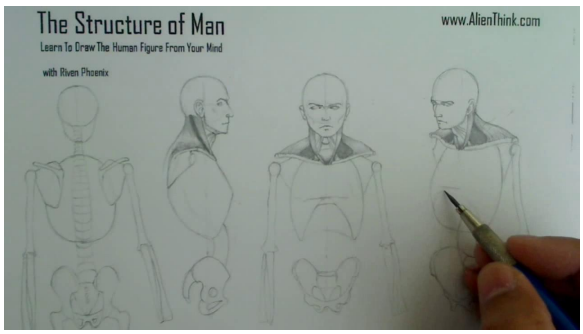
21		we're doing basically the same thing, we're saying that over here I'm really going to get the idea
22		and then here I'm just going to modify this a little bit over here like this, okay?
23		So it's just a very special understanding that we're putting in, right?
24		Because we have to creep in the information for the chest cavity in these microbursts

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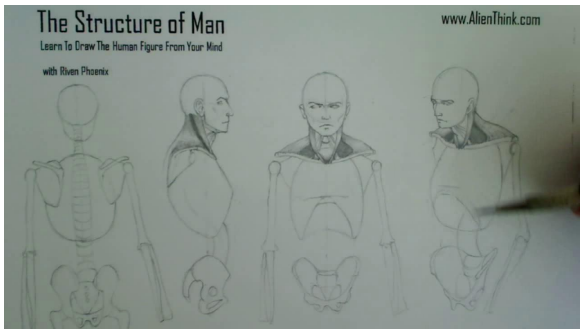
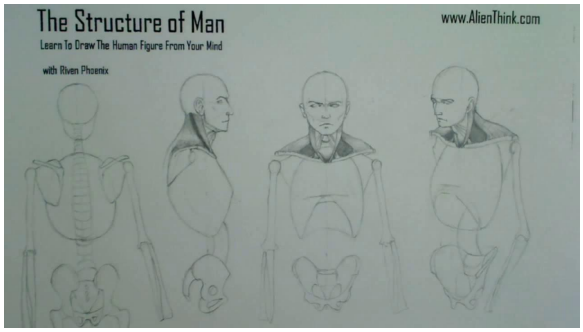
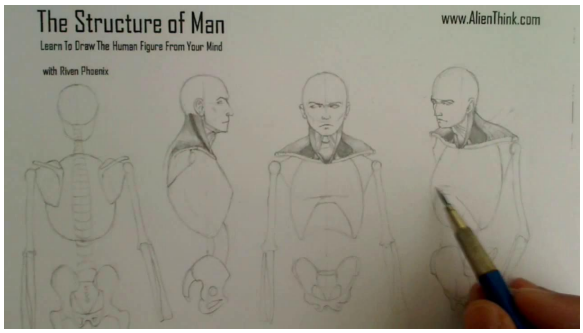
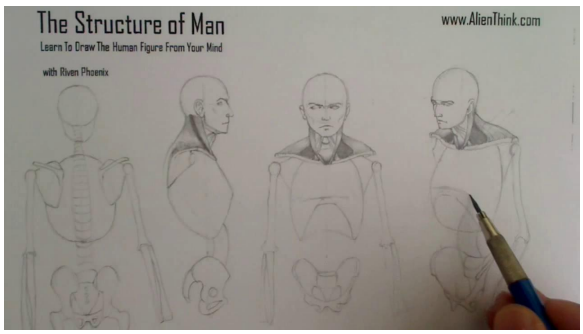
25		and this is what we're going to do, right?
26		So now we just understand that that idea is always going to be here.
27		So I'm going to put a line here that that's where the back muscles are going to be, right?
28		Just very likely.

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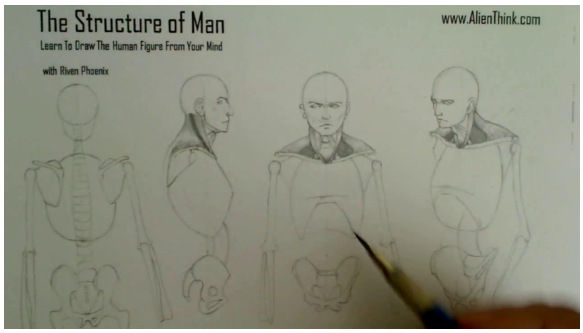
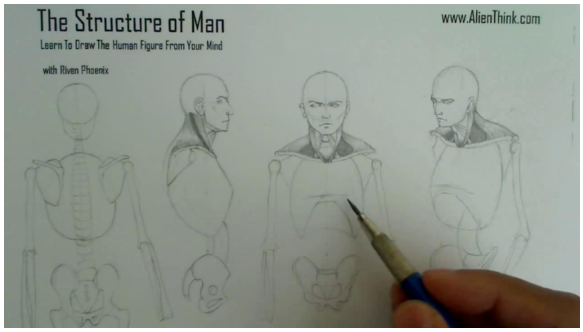
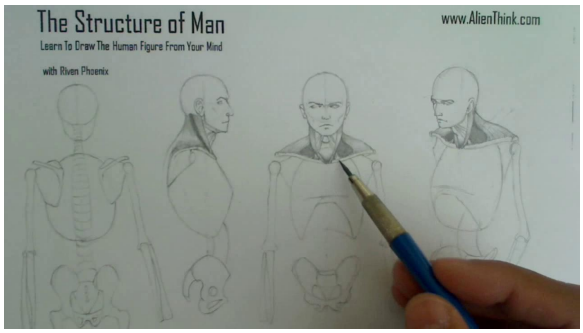
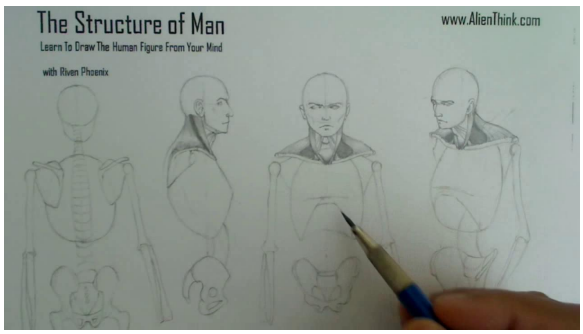
29		So now the thing to know about the back muscles,
30		the first thing that you'll know is that they're always on the fifth rib, right?
31		So if I count it from top, one, two, three, four, five, right?
32		So this is a good understanding for this because we're going to do a very special drawings after this lesson

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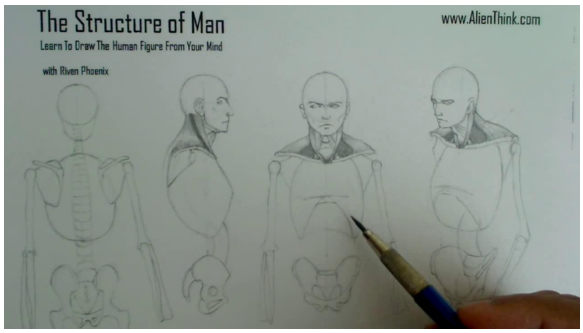
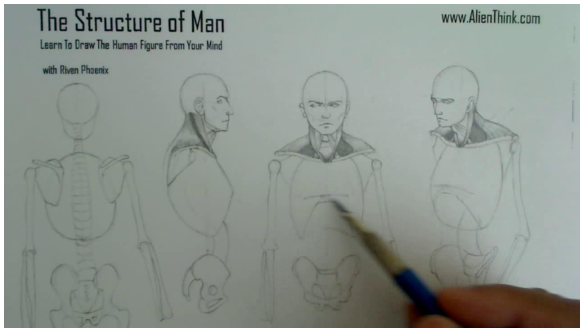
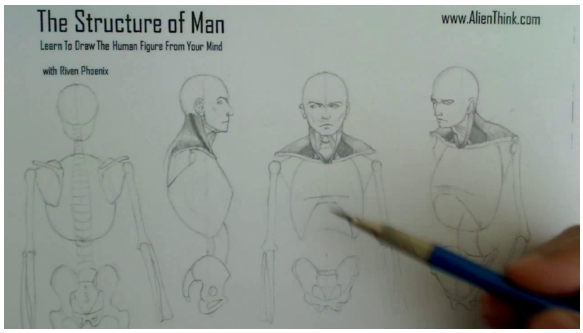
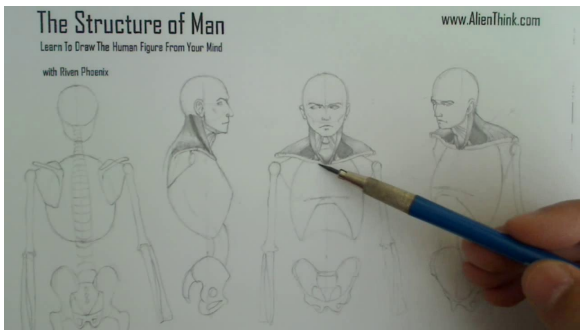
33		so we can grasp these concepts, okay?
34		So when I know that this is going to be the fifth rib, right?
35		So to understand the chest cavity, what we're going to do is from here
36		and just about where the stair is, we're going to first draw out this line over here, okay?

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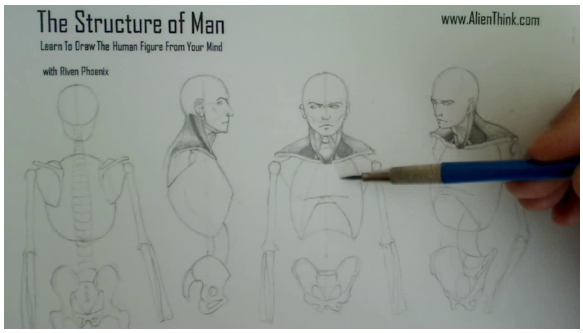
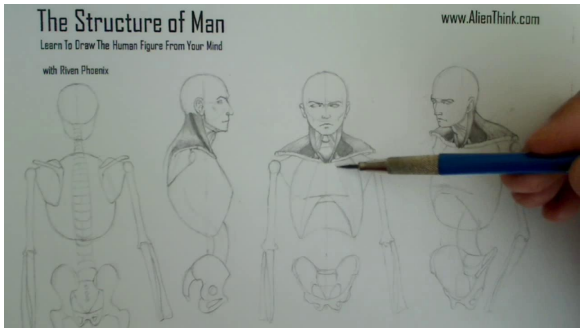
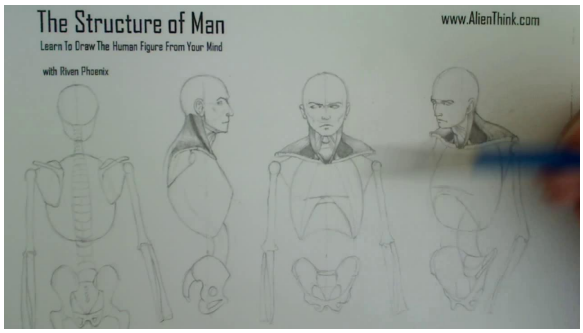
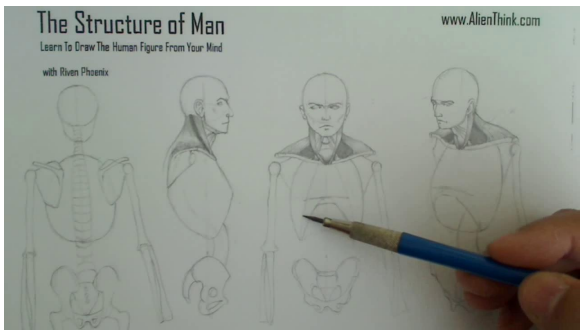
37		This is like a deeper understanding of the chest cavity so we can understand the back muscles, right?
38		So I'm going to draw a very light line over here.
39		So this line basically means that over here is the, this is the stair and then all the bones go over here.
40		So what this line means is that if I have the fifth over here, right?

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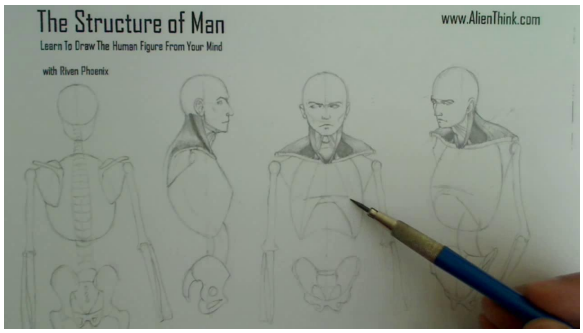
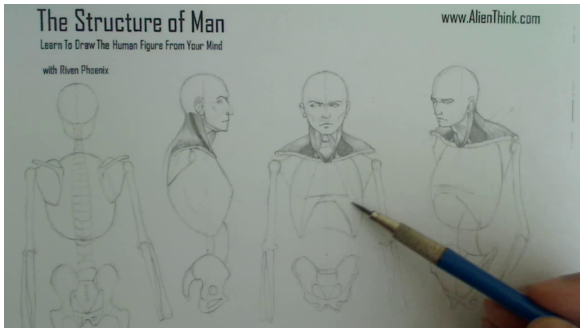
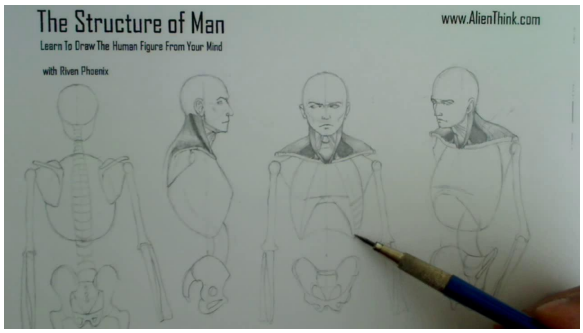
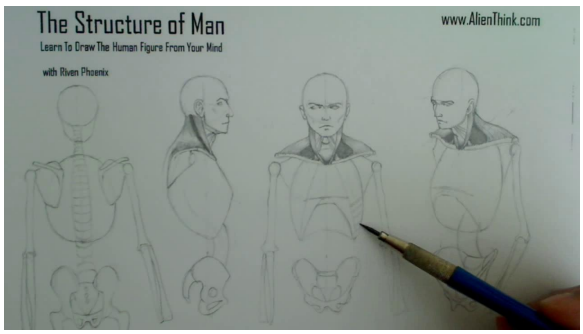
41		We know that it's going to go, I'm going to get the sixth one over here.
42		So I'm going to first lightly put this in. I'm going to get six, seven, eight, nine, ten, right?
43		We know that 11, 12 is going to be there but we don't have to worry about this
44		when we're understanding the muscles from the front, right?

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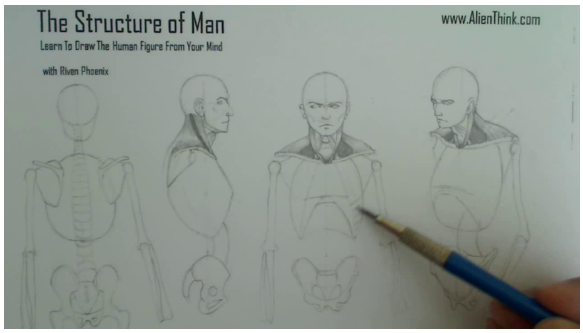
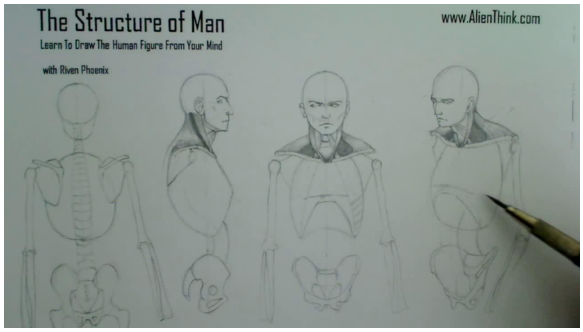
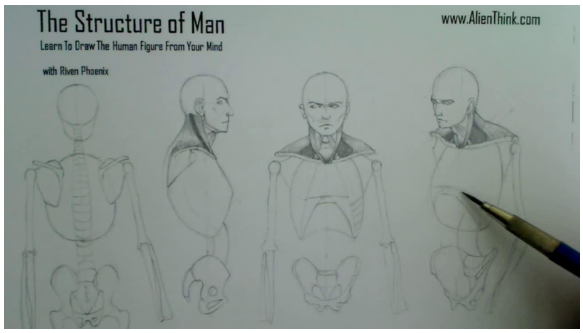
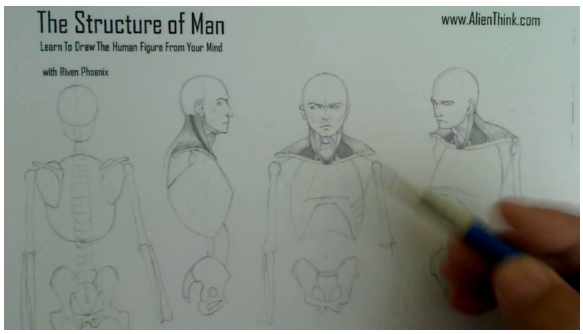
45		So just remember that every time we draw out, because this is going to make an impact on the mannequin, right?
46		Because now we know, right?
47		As soon as I draw out that line, I know that they're only, I only have to count from six to ten, right?
48		So these are really just going to be more on a curve going up, right?

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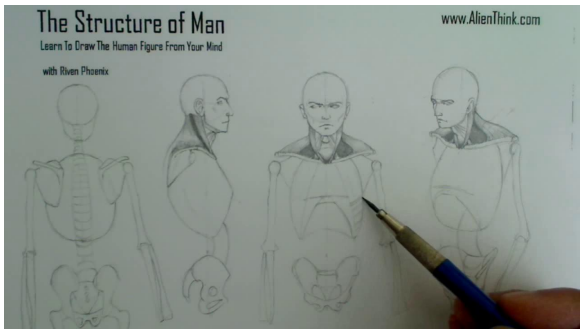
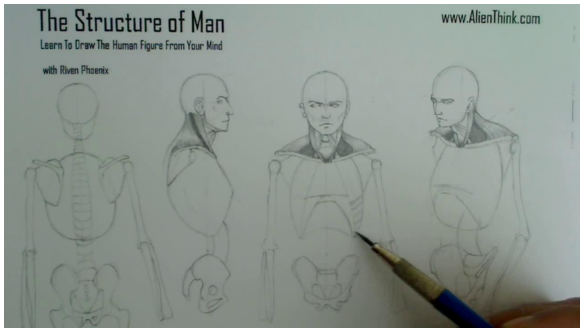
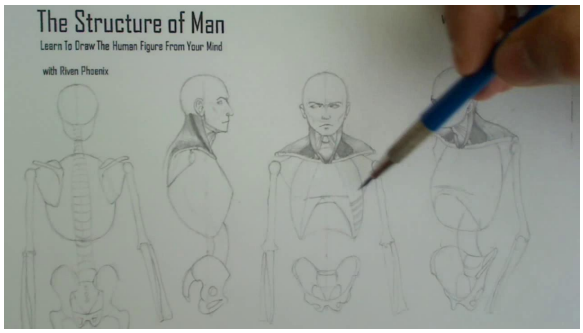
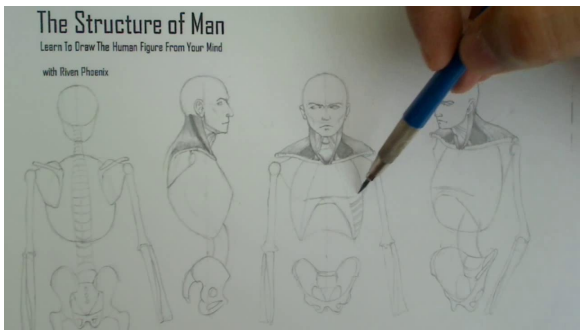
49		But we want to be very light with this because we're going to be filling these areas up with muscles, right?
50		So if I get six over here, right?
51		So this one obviously would be your fifth one, right?
52		Going in this direction, just put it in lightly, right?

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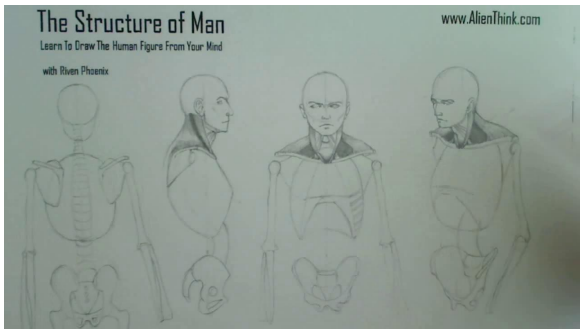
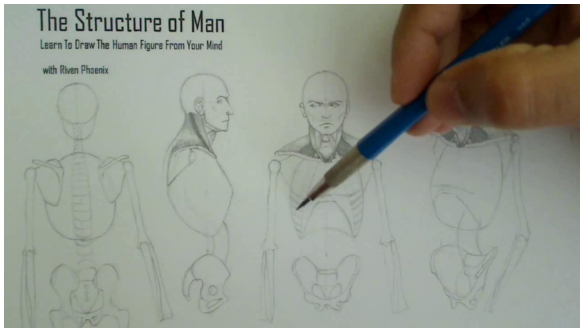
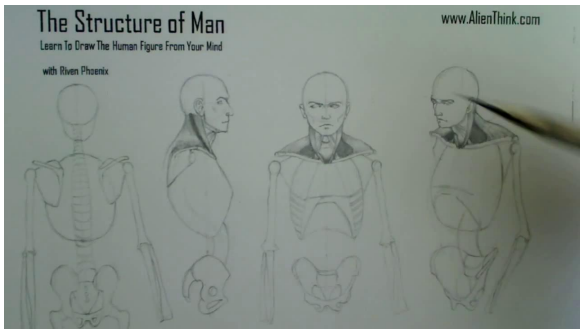
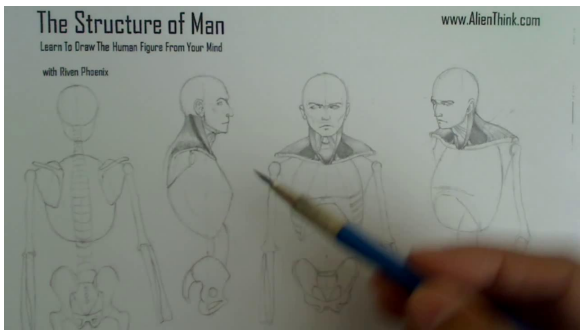
53		So this is going to be the fifth one like this, then I'm going to get the sixth, seven, eight, nine, ten, right?
54		So it really doesn't change anything the way we've been drawing the chest cavity, just understanding this rule that it's going to be six, seven, eight, nine, ten, right?
55		So what happens here is that obviously it's going to be on an angle, so you know that OK, the chest cavity is going to be here, right?
56		So you're going to get this little bit of this line over here that we just drew out over here.

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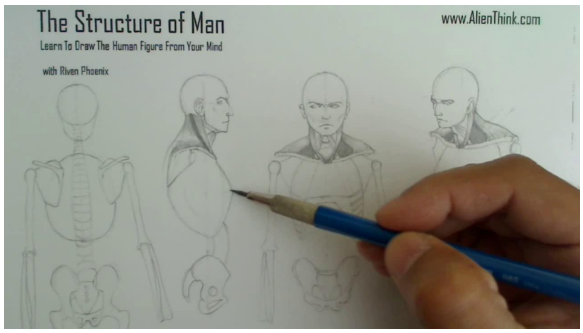
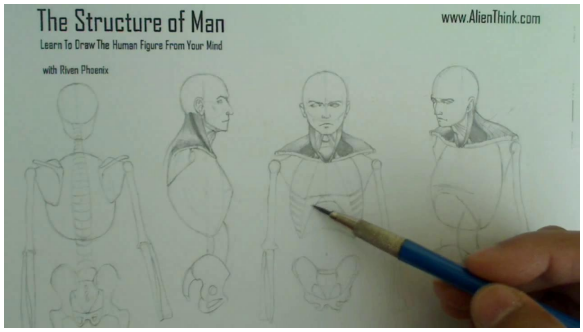
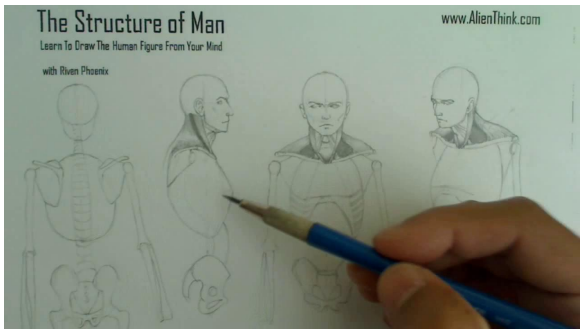
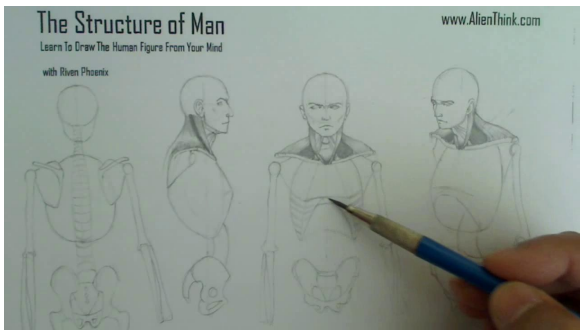
57		You know that over here is really going to when these bones connect from here, right?
58		These bones over here in the front are really going to be on an angle like this, right?
59		So this is why when you do the chest cavity, it will always have a little bit of an angle going in this way.
60		Sorry, the pack muscles, right?

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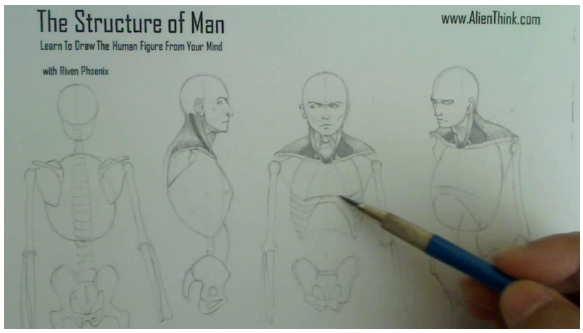
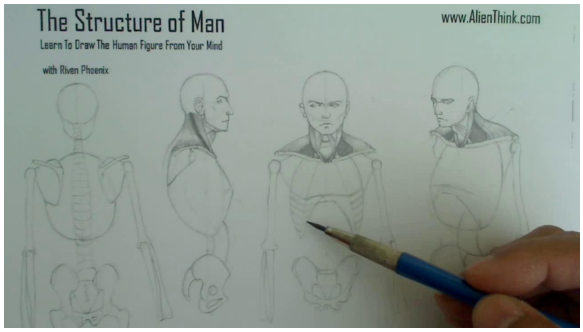
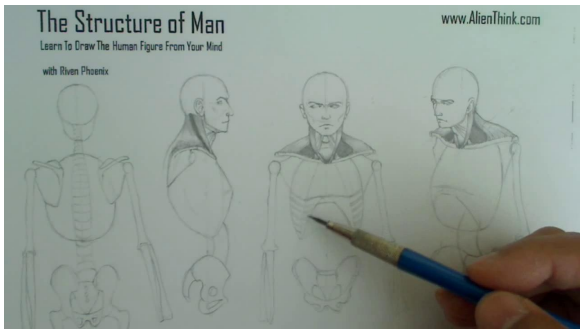
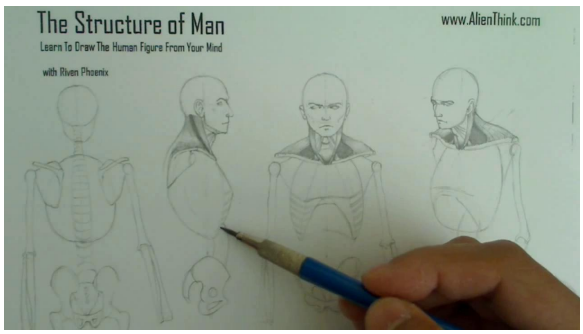
61		The pack muscles will be on this angle, but we'll understand this a little more when we get to the muscles, right?
62		So this is just going to be like this. We just need to comprehend this concept here, right?
63		So obviously over here, I'm going to get six, seven, eight, nine, ten, right?
64		And then you get 11, 12, right?

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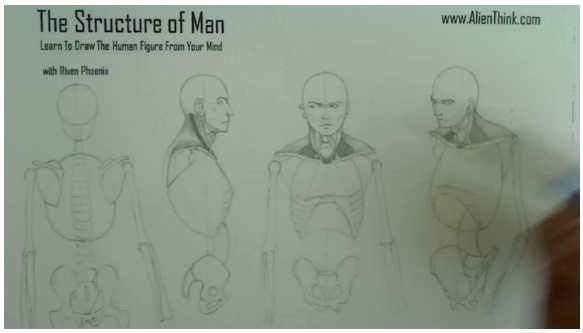
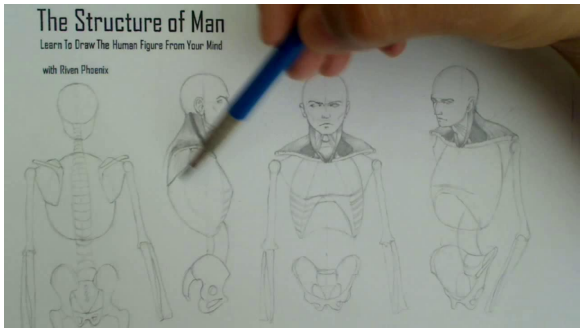
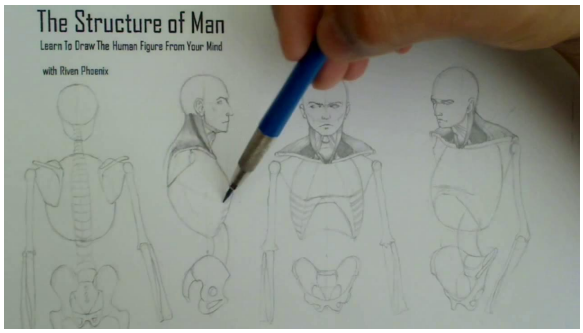
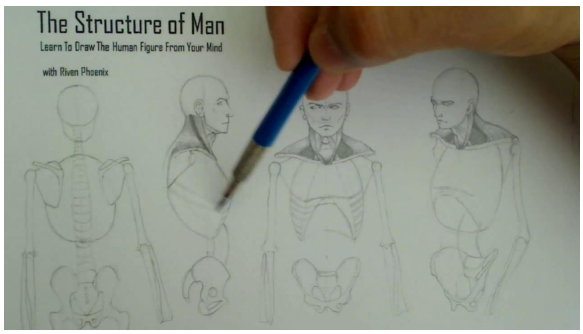
65		So for here, I'm going to do this very, very lightly first, right?
66		I'm just going to do it this way.
67		This is going to be my sixth one, and this is going to be my seventh one.
68		Seven, going to get eight,

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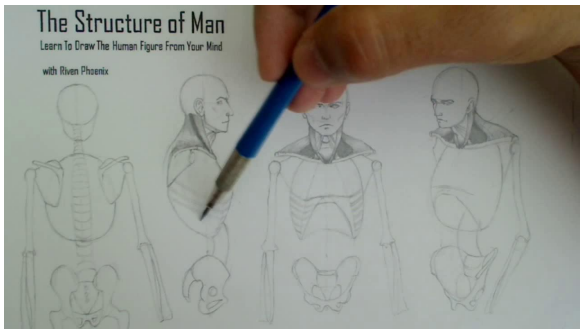
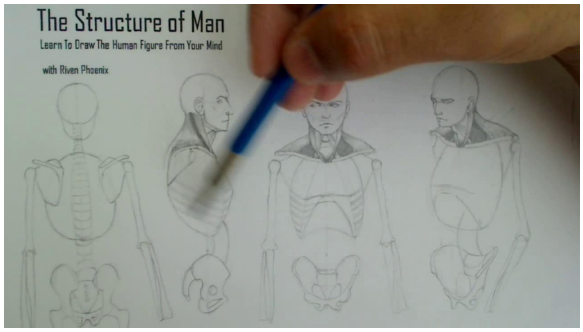
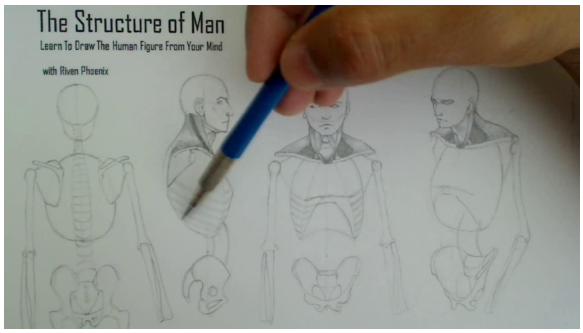
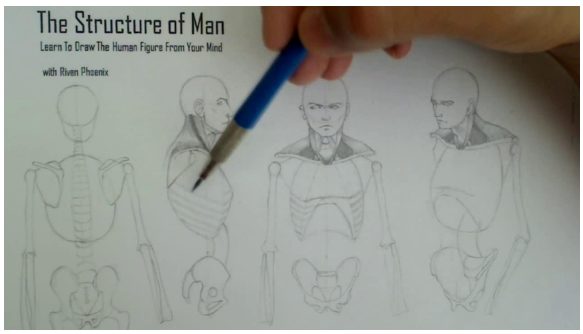
69		going to get nine,
70		then I'm going to get ten, right?
71		So you know that 11, 12 is down there, right?
72		But notice that we're just going to keep it this light, right?

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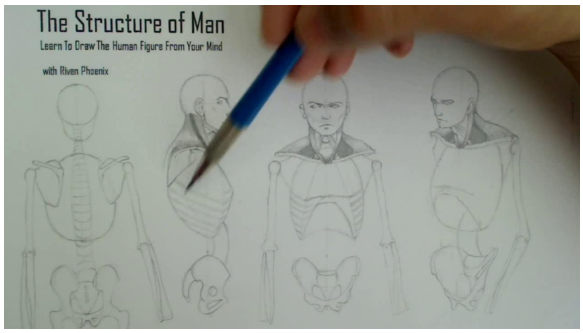
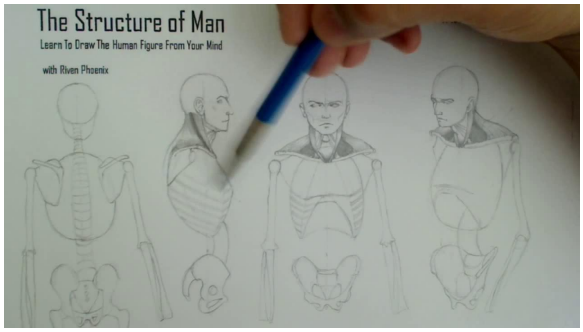
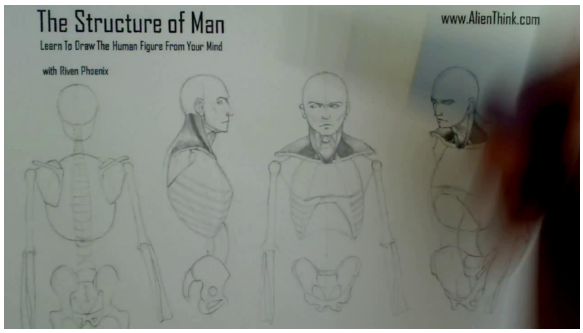
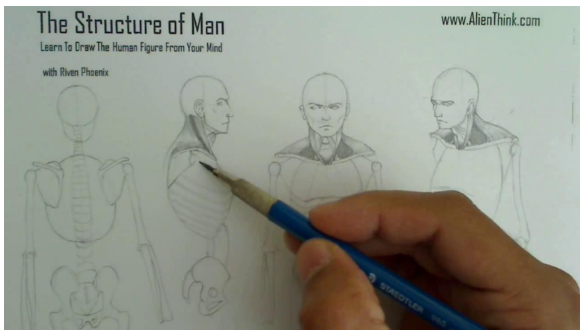
73		And this will help us to understand what happens with the muscles.
74		So here I'm just going to put the fifth one over here, right?
75		So the other thing here is that we need to draw out the upper bone over here,
76		the humorous bone, but the thing is that we've got to keep it basically kind of light,

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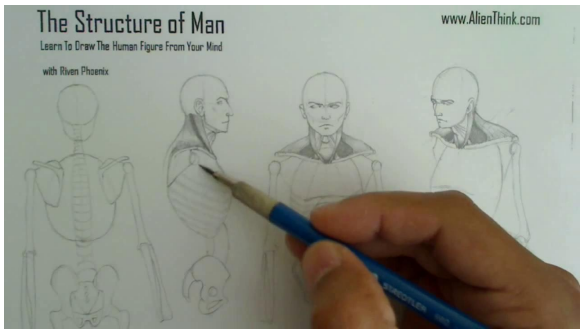
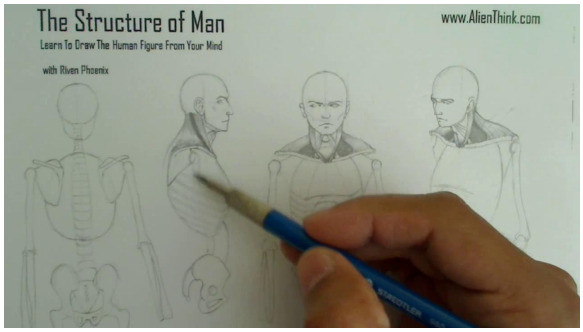
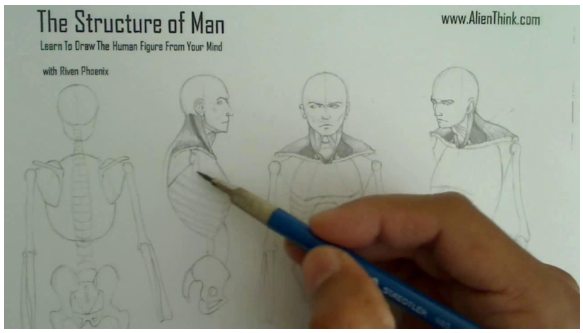
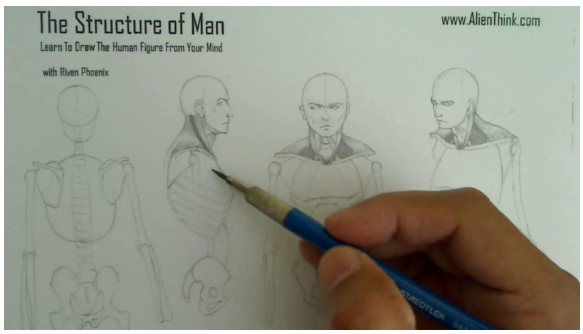
77		just keep it halfway over here, right?
78		Just rough it in very lightly over here is because we need to understand this area
79		when we come to the size, so we really don't want to take up the space right.
80		The arms we're going to understand later,

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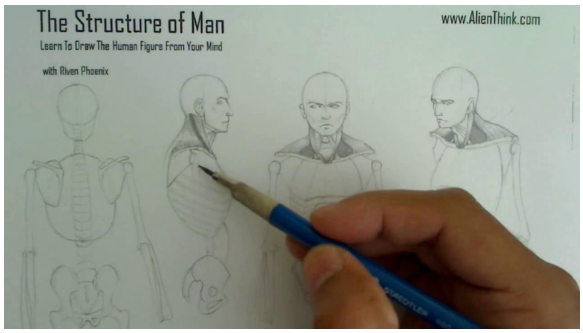
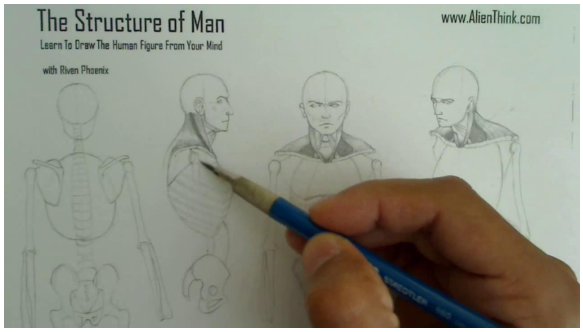
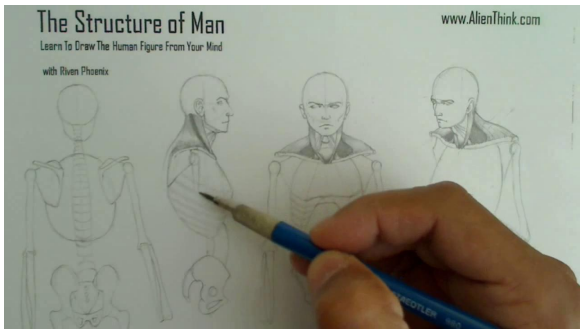
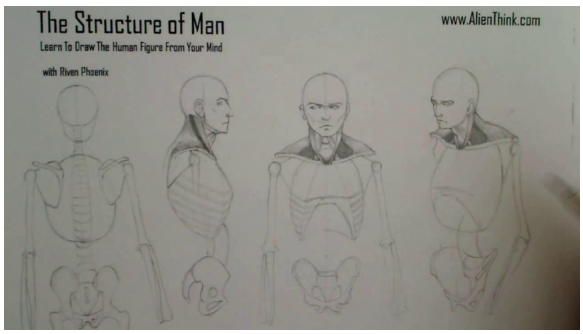
81		but this area is going to be key to understanding it.
82		So we need to at least have the humorous bone,
83		at least like this, just conceptually put it down over here, right?
84		So for this area, it's going to be easy now, right?

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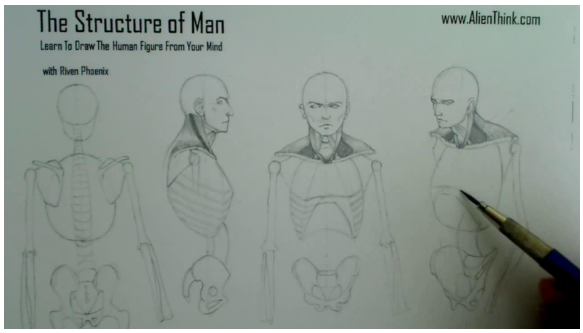
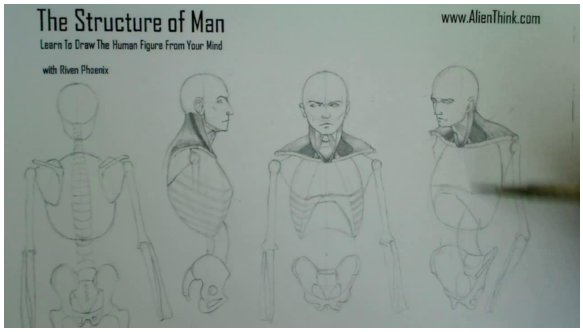
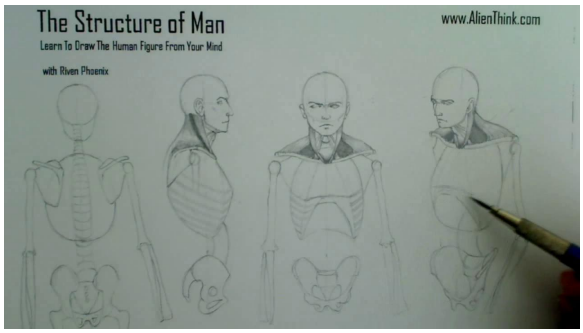
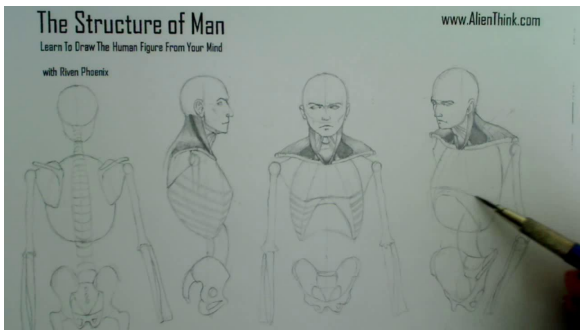
85		So we understand, right, right?
86		I'm just going to do it just conceptually going to understand it this way.
87		And then over here, I understand, right?
88		This is going to be what you're saying is that this is the fifth one going here,

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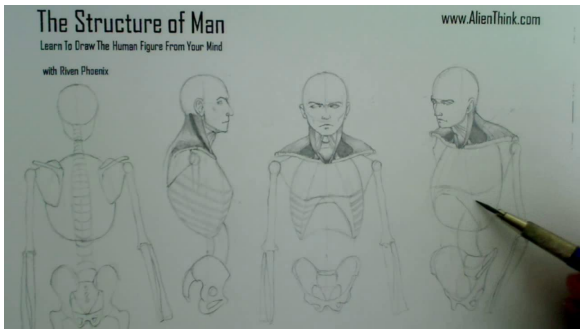
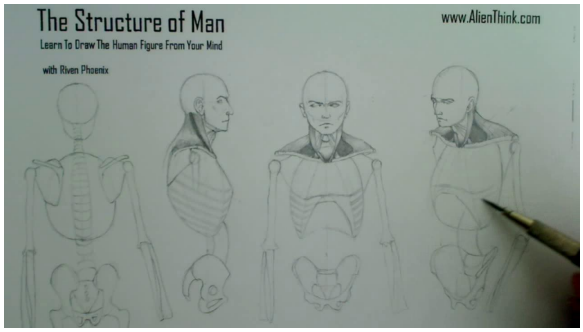
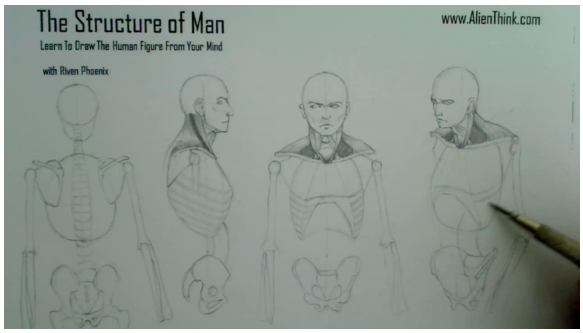
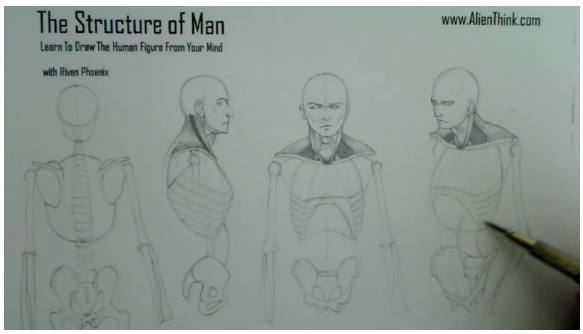
89		so I'm going to get now very lightly,
90		I'm going to put the idea for the sixth,
91		to get 7, 8, 9,
92		and I'm going to get my tenth one over here, right?

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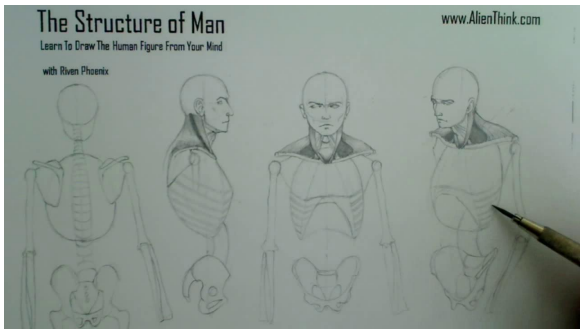
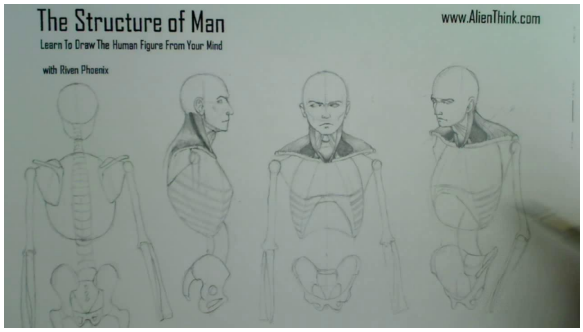
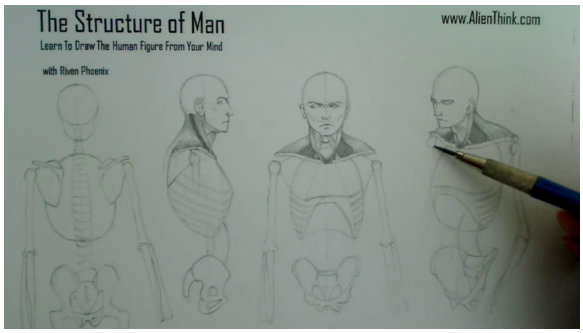
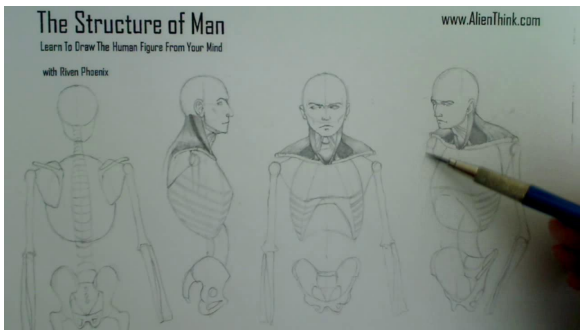
93		It's that simple to grasp this concept over here.
94		Okay, so the other thing here is that we also are going to put now
95		another humorous bone over here.
96		So for this one, we're just going to, we'll keep it,

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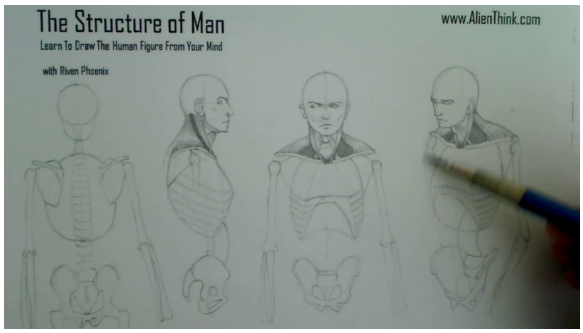
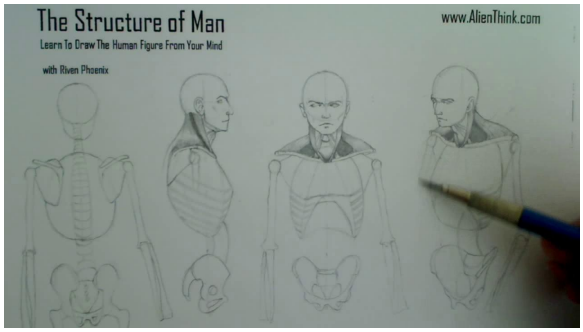
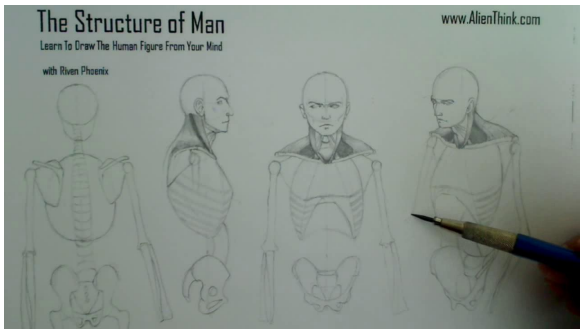
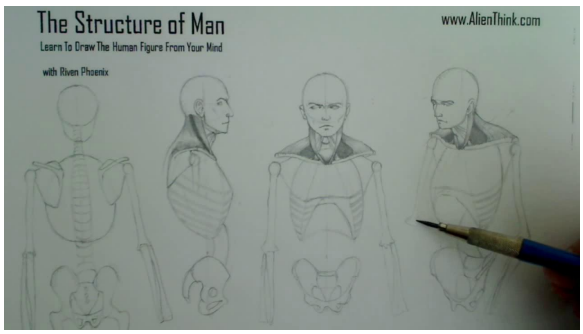
97		we'll just keep it like this here, kind of fairly close.
98		So we know that it obviously curls up over here like this, right?
99		So it's just going to go down,
100		be like this in a 3D form,

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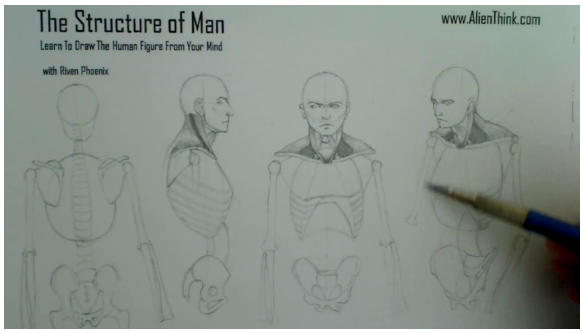
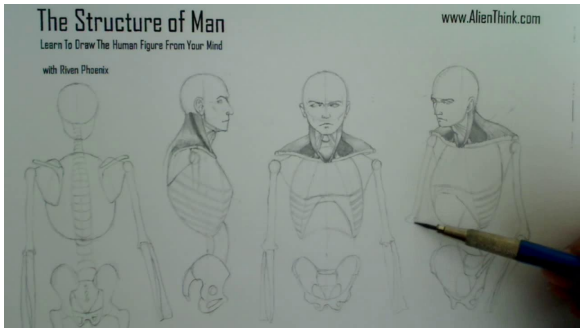
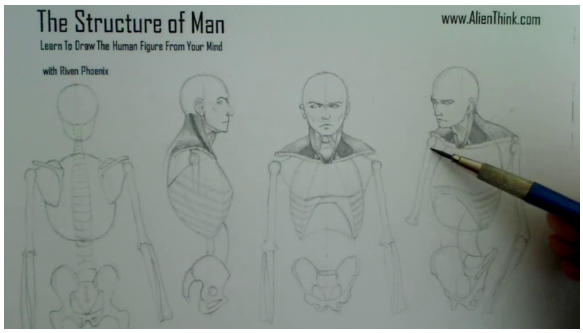
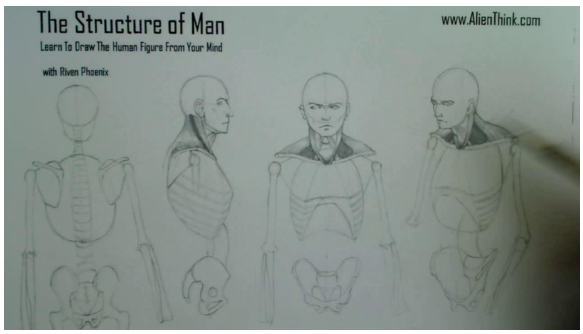
101		and it's going to curl up this way, right?
102		So we just conceptually put that as an idea down, right?
103		Okay, so we got this, this, this.
104		Okay, so now the other thing that we have to put is we also know that,

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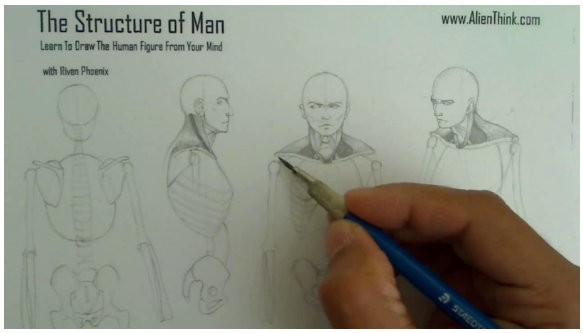
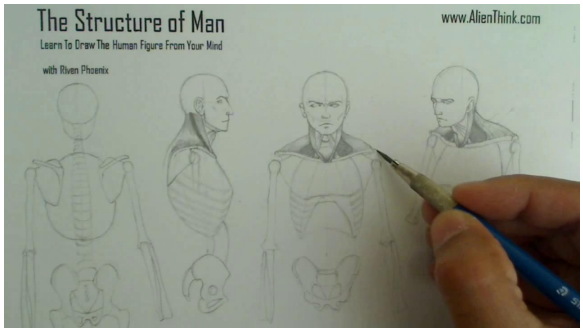
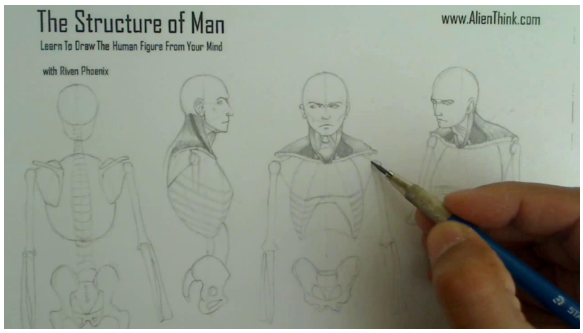
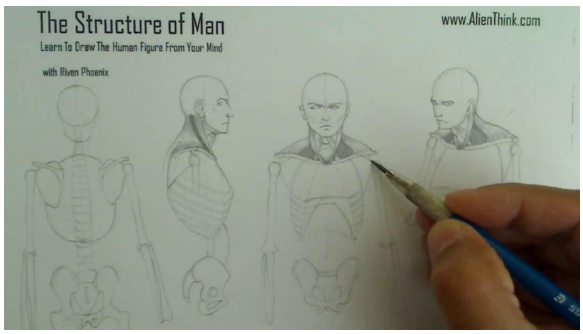
105		right, this is really the bone for the,
106		the scapula that's going to be coming out this way,
107		so we know that, right, we also have to understand that there's a little bit of a bone
108		that also comes out like this, right?

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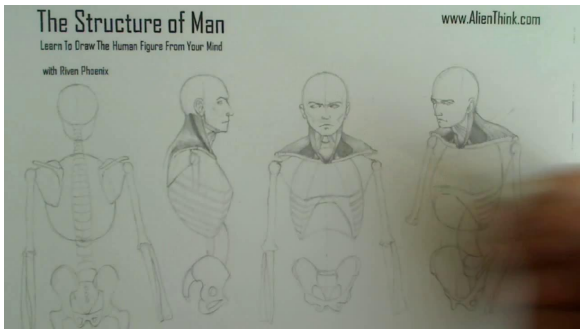
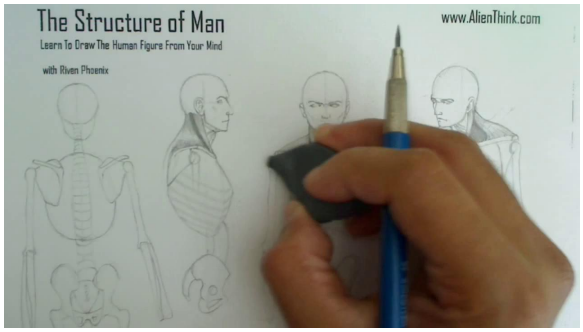
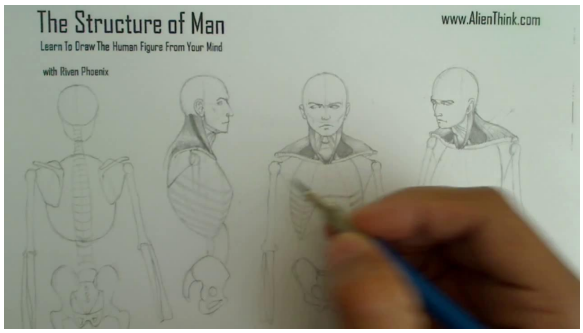
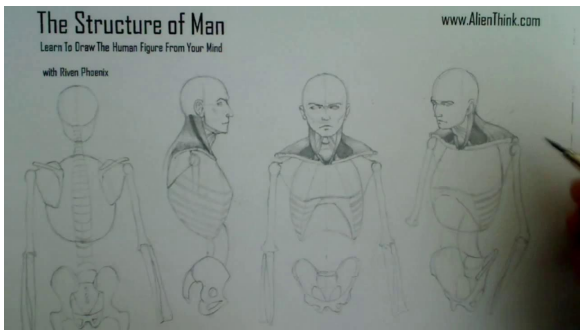
109		So here I'm just going to clean this up and just put that as an idea
110		because this is going to play a role also in understanding the muscles.
111		Right, so over here we can't see the guy, obviously.
112		And over here I'm going to,

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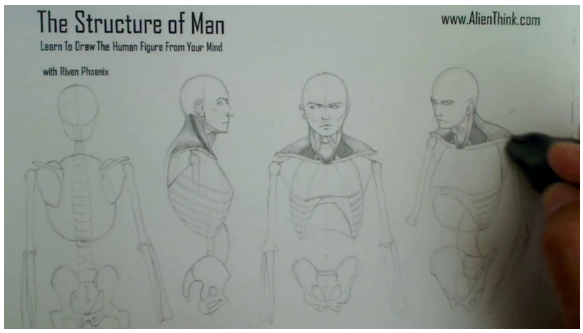
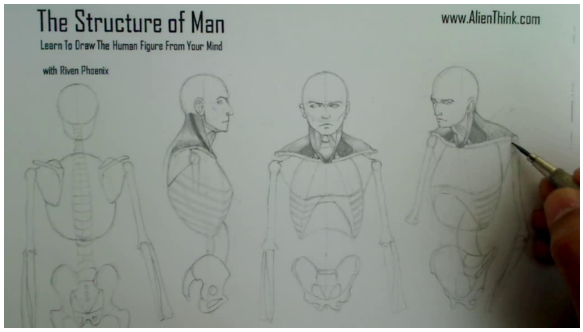
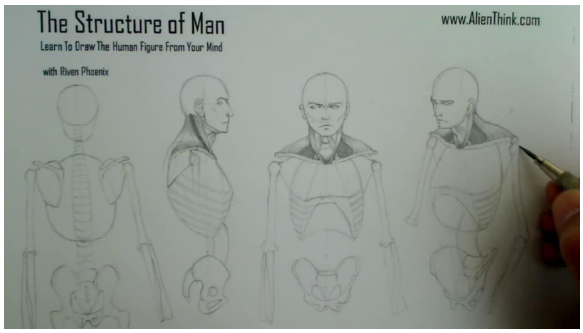
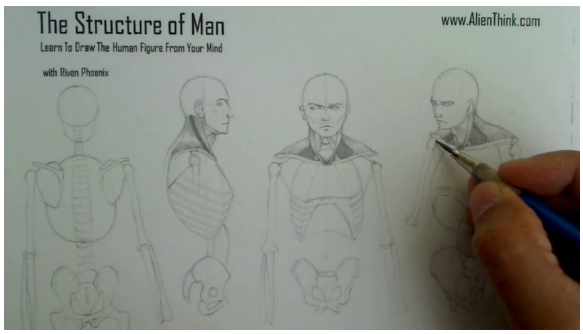
113		just put him here roughly like this, right?
114		Just a small notch here that we should know.
115		Okay, and over here,
116		I'll just put him up like this over here.

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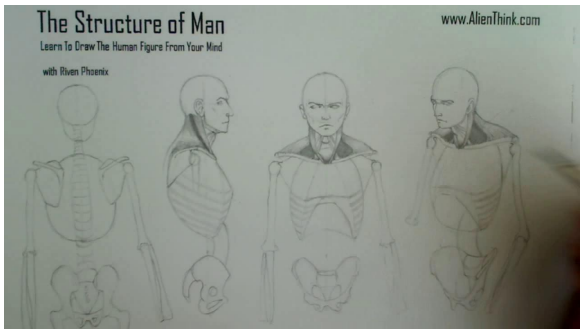
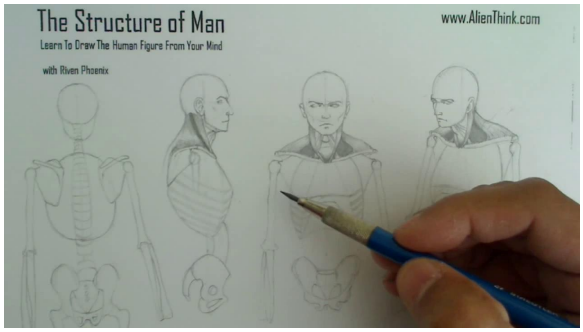
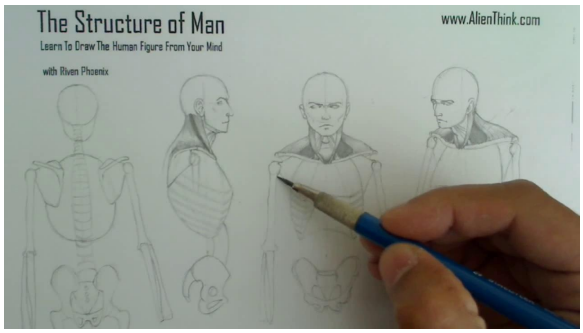
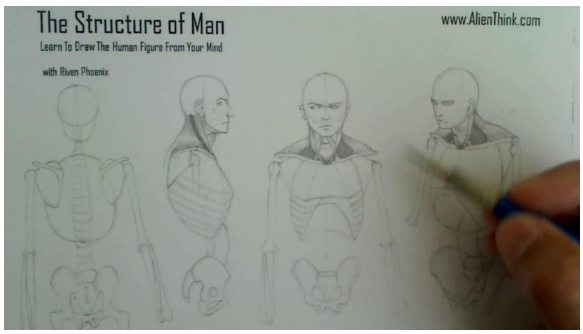
117		Okay, so the other thing is that on the,
118		the humorous bone,
119		there's actually going to be a little line over here on this way.
120		Okay, now that we only need to understand these details,

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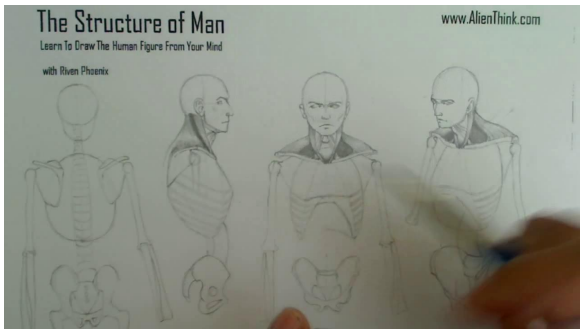
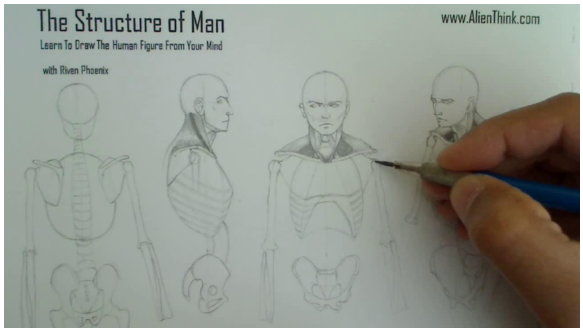
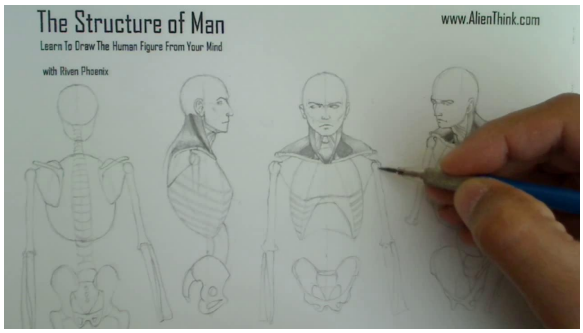
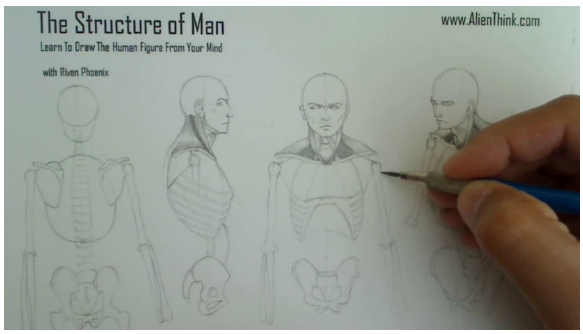
121		he only in this lesson is because we really don't care about them in the,
122		in the end result, right?
123		This just, we just need to understand what,
124		what this is going to help us to understand here, right?

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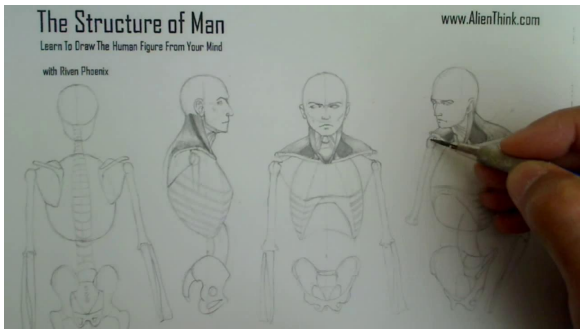
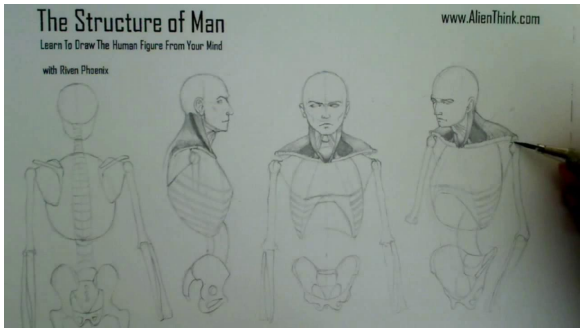
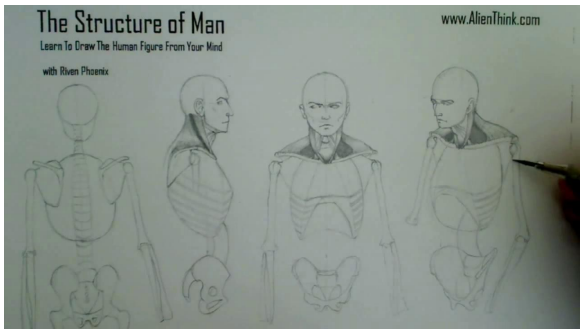
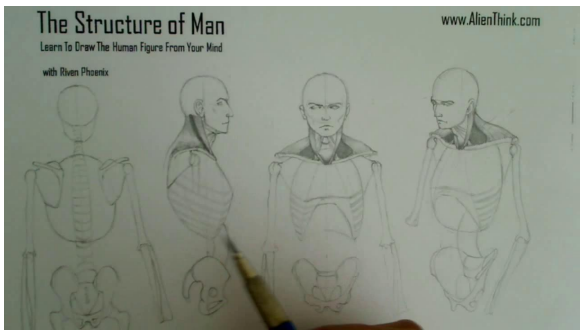
125		So obviously the line will be there somewhere.
126		Right, so here we'll just put the line like this.
127		Okay, so now we've gotten all the information
128		that we need to begin to,

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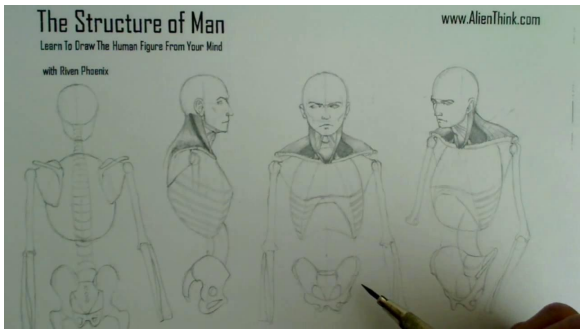
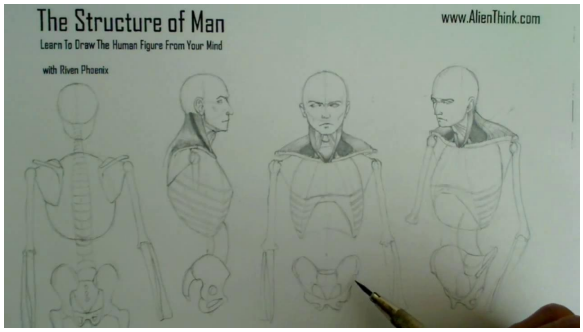
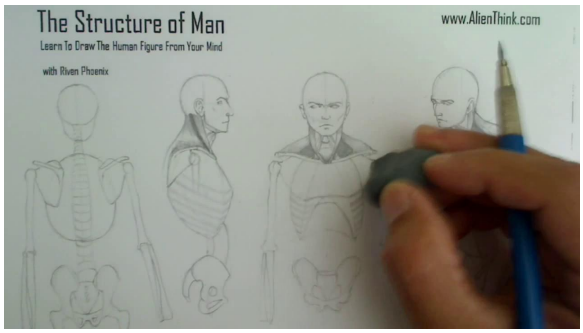
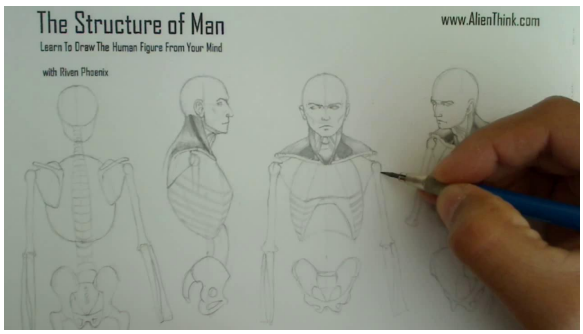
129		begin this journey.
130		So we just need to do two more drawings.
131		And this, these are going to be the most important drawings that we will do,
132		which will help to memory map the muscles of the chest cavity.

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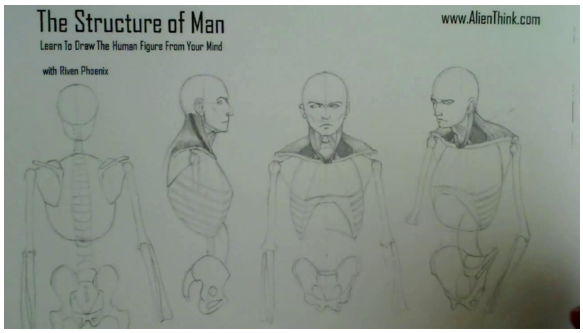
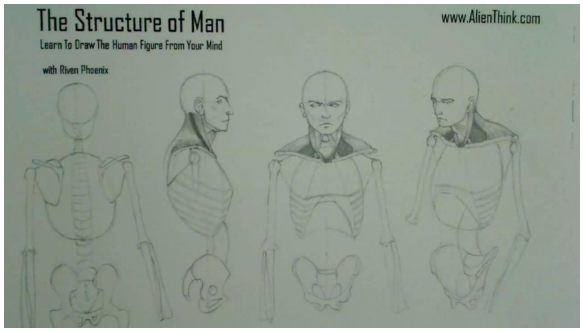
133		So I'll see you in the next lesson.
134		Thanks.

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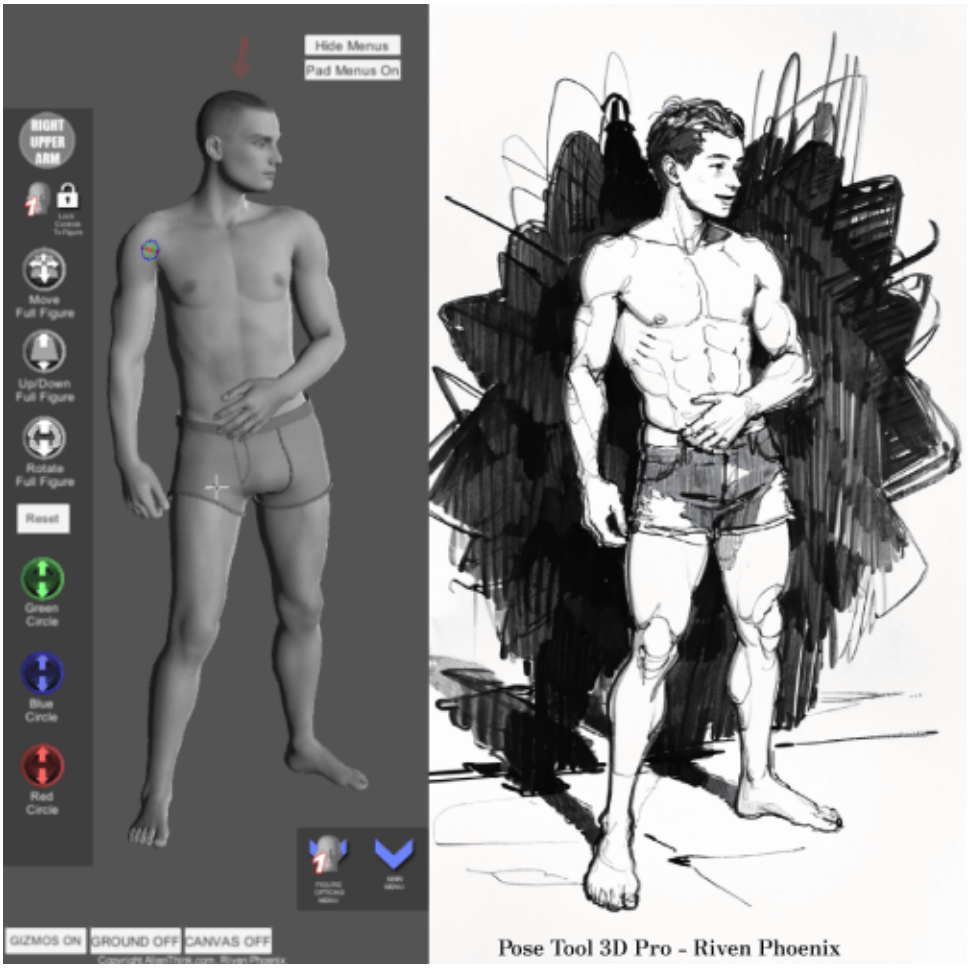

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